



**EAT! Vancouver**  
Food + Cooking Festival

**May 28, 29 & 30, 2010**

Vancouver Convention Centre, Vancouver, BC



## **Citytv's Master Chef Black Box Cooking Competition** **Presented by the BC Chefs Association**

The eighth annual Citytv's Master Chef Competition, Presented by the BC Chefs Association will take place at EAT! Vancouver, on May 28, 29 & 30, 2010, when chefs will vie for the title in a head-to-head heated competition witnessed by an inquisitive audience.

Black box cooking competitions are considered the most challenging of culinary competitions because the food content of the boxes is not revealed prior to the event. The pressure of competing is compounded by the unknown ingredients. The chef has to accept the challenge of devising a main course from the Black Box by using only the foods the box contains. Once open, it's up to the chef's creative talents to come up with an innovative idea and prepare it in the 35 minute time allotted.

Chefs will compete and advance to the final rounds with the showdown taking place on Sunday, May 30<sup>th</sup>, 2010 at 3:30 pm. Competitors will be judged by recognized culinary professionals, on composition, creativity, correct preparations, service practicality, taste, proper utilization of ingredients, presentation and consistency.

Mr. David McIlwraith will reprise his role as Master of Ceremonies and Citytv anchors and show hosts will be on hand to act as celebrity master of ceremonies and offer lively commentaries.

**Interested in competing? Complete this [Application Form](#) and fax to: 604.689.8654 or call us at 604.689.8651.**

Name of Applicant \_\_\_\_\_  
 Occupation \_\_\_\_\_ Email \_\_\_\_\_  
 HomeAddress \_\_\_\_\_ City \_\_\_\_\_ Prov \_\_\_\_\_ PostCode \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Place of Work Represented \_\_\_\_\_  
 Manager or Chef \_\_\_\_\_ Business Telephone \_\_\_\_\_  
 Signature of Applicant \_\_\_\_\_

A registration fee of \$50 must accompany this application by a cheque to EAT! Vancouver or you may pay with Visa or MC:  
 Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Amount charged: \$50.00  
 Name on Credit Card: \_\_\_\_\_ Signature of Card Holder: \_\_\_\_\_

**Rules of the Competition: (Limit one entry per establishment)**

- The competition is open to working chefs with a minimum of three years professional experience in the kitchen.
- Judges or any member of their establishment are not permitted to compete in the Master Chef competition.
- Competitors must use the black box ingredients provided to create a main course dish. The dish is to be plated. Two plates are required. One plate will be used to judge the taste while the other will be used to decide the visual impressions.
- Each black box will contain a minimum of one protein, one starch and several fresh fruits and/or vegetables. In addition to the black box items, chefs will have access to the Master Chef Pantry. The Pantry will contain ingredients such as oils, vinegars, flour, sugar, spices, herbs, etc.
- Competitors may bring one secret ingredient with them. The ingredient must be shown to the judges prior to the commencement of the competition.
- Competitors are to bring their own knives and cooking utensils.
- Judging will be conducted by recognized culinary professionals. Judging will be based on composition, creativity, correct preparations, service practicality, taste, proper utilization of ingredients, presentation and consistency.
- Competitors will use a commercial kitchen set up for competition and will compete two at a time. Winners will advance to the final rounds with the final showdown taking place at 3:30 PM on Sunday, May 30<sup>th</sup>, 2010
- EAT! Vancouver and the Vancouver Convention Centre are not responsible for damage, injury, theft or loss suffered by competitors that may arise from whatever cause.
- EAT! Vancouver retains the rights to commercial use of the competition and any of its individual components including publicizing competitors, winners and competition details.
- All competitors will receive a recognition of participation. Winner will receive a keeper trophy, winner's place of work will receive the perpetual trophy which must be returned at the following Master Chef Competition. In the case of an independent chef, perpetual trophy will be kept at offices of EAT! Vancouver
- A prize package will be presented to the winning competitor and a lesser prize will be presented to the runner-up competitor.

I have read, understood and agree to abide by the rules of the competition as outlined, and further agree to observe and abide by the decisions of the judges.

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_